

PREMIER MONTHLY



This month is American Heart Month.

Did you know that cardiovascular disease is the number one cause of death in the world? Heart disease affects all genders, ages, and ethnicities. The purpose of American Heart Month is to bring awareness and education to our cardiovascular health.

BE AWARE OF THE RISK FACTORS

- diabetes
- overweight & obesity
- unhealthy diet
- physical inactivity
- excessive alcohol use

When you hear the term "heart disease" it can be referred to as different types of heart conditions.



NEW PROVIDER

JOSE RUIZ, FNP-C

We would like to introduce to you our new provider Jose Ruiz! Jose is a Certified Family Nurse Practitioner who began as a medical technician in the microbiology lab for 5 years and went on to become a registered nurse in the ICU and Hospice for 7 years. He is now practicing family medicine as an NP for the past two years.

We are excited to have him as a part of our Premier Team and thank you in advance for entrusting us to provide you with the best care.



IV BAG OF THE MONTH

B-LEAN

B-Lean is designed to help you burn fat and boost your metabolism.

- Helps convert fat into energy
- Enhances athletic performance
- Improves overall mood
- Boosts your metabolism



NEW HOURS

OFFICE HOURS

Mon 8am - 6pm
 Tue 8am - 6pm
 Wed 8am - 6pm
 Thu 8am - 6pm
 Fri 8am - 6pm
 Sat 8am - 2pm

LAB HOURS

Mon 8am - 2pm
 Tue 8am - 2pm
 Wed 8am - 2pm
 Thu 8am - 2pm
 Fri 8am - 2pm
 Sat 8am - 11pm

VALENTINE'S DAY

INSTAGRAM GIVEAWAY



WIN A FREE SYRINGE OF FILLER ON VALENTINE'S DAY!

Scan the code below to enter




 FEBRUARY PROMOTIONS
**COUPLE
 HYDROFACIAL &
 MICRODERMABRASION**
 \$180 PER SESSION


 FEBRUARY PROMOTIONS
**BRAZILIAN
 WAXING &
 HYDROFACIAL**
 \$100 PER SESSION