



# PREMIER MONTHLY HAPPY ST. PATRICKS DAY

## PRIMARY CARE

- Urgent Care,
- Behavioral Care
- Preventative Care
- Chronic Care

## IN-OFFICE LAB

We offer in-office labs as we are in contract with Q-Med Laboratorics which means that all our blood work and lab tests are processed through them.

## MED SPA

Includes various nonsurgical body sculpting, injectables that create structure, framework and volume to the face and lips and customized facials to rejuvenate your natural radiance.

## VITAMIN THERAPY

Includes the use of injections or intravenous infusions to deliver vitamins, minerals, and other nutrients to improve or maintain health

## Lab Testing COMPREHENSIVE METABOLIC PANEL (CMP)

A comprehensive metabolic panel (CMP) is a test that measures 14 different substances in your blood. It provides important information about your body's chemical balance and metabolism. Metabolism is the process of how the body uses food and energy. A CMP includes tests for the following:



- |                                  |            |
|----------------------------------|------------|
| AST (ASPARTATE AMINOTRANSFERASE) | CREATININE |
| ALT (ALANINE TRANSAMINASE)       | POTASSIUM  |
| ALP (ALKALINE PHOSPHATASE)       | ALBUMIN    |
| TOTAL PROTEIN                    | SODIUM     |
| GLUCOSE                          | CHLORIDE   |
| CALCIUM                          | BILIRUBIN  |

A CMP may be used to monitor the side effects of certain medicine and is used to check several body functions and processes, including:

- |                       |                             |                      |
|-----------------------|-----------------------------|----------------------|
| LIVER & KIDNEY HEALTH | BLOOD SUGAR LEVELS          | BLOOD PROTEIN LEVELS |
| ACID & BASE BALANCE   | FLUID & ELECTROLYTE BALANCE | METABOLISM           |

## National Awarenesses

### NATIONAL KIDNEY AWARENESS MONTH



March is National Kidney Month! Did you know kidney disease is often referred to as a "silent disease," because there are usually no symptoms during its early stages? In fact, as many as 90% of Americans who have chronic kidney disease (CKD) don't know they have the disease until it is very advanced.

### NATIONAL TRAUMATIC BRAIN INJURY AWARENESS MONTH



Millions of people suffer from brain injuries each year. Every nine seconds, a person in the United States sustains a brain injury, culminating in more than 3.6 million injuries each year. Doctors refer to injuries that don't occur at or around birth and are not genetic or degenerative as acquired brain injury (ABI). An ABI can be either a nontraumatic or a traumatic brain injury (TBI), depending on the cause of the injury.

## Wellness MENU

- B- WELL
- B- SHARP
- B- ENERGIZED
- B- RADIANT
- B- REVIVED
- B- FIT
- B- FRESH
- B- HEALED
- B- CHILL
- B- LEAN
- B- LEAN +



## IV Bag of the Month B- FIT

B-FIT is a combination of four different vitamins and minerals that are designed to help shorten the time of recovery after an injury and potentially improve athletic ability, helping promote improved performance and overall wellness.



## Refer A FRIEND

Receive \$40 off IV therapy when you refer a friend!





# Premier WEIGHTLOSS PROGRAM

We would like to introduce our new weight loss program.

We understand that at times it can be hard to lose weight whether it is because of a lack of time, energy, health conditions, or a combination of all three we understand that sometimes all you need is a little bit of help and guidance. We have created this program to help you lose weight but to also take into consideration and monitor your overall health. We would like to help you lose weight the right way.



## THIS PROGRAM IS \$250 AND INCLUDES

### 1 INITIAL CONSULTATION

This consultation is to understand your weight goals and how we can achieve them.

### 1 IV SESSION

The IVs are recommended to be done once a month, but you are expected to lose about 10 lbs with your first session.

### LAB TESTING

A CMP panel will be ordered to monitor your kidney and liver functions since our goal is not only to help you lose weight but maintain your health.

### DIETARY PLAN

A recommended calorie intake will be calculated with your current and desired weight along with a dietary plan.

# Double Chin Lipo Reduction KYBELLA / PCDC

STARTING AT \$200

The active ingredient in KYBELLA® is synthetic deoxycholic acid. Deoxycholic acid is a naturally occurring molecule in the body that aids in the breakdown and absorption of dietary fat. When injected into the fat beneath the chin, KYBELLA® destroys fat cells, resulting in a noticeable reduction in fullness under the chin. Once destroyed, these cells can no longer store or accumulate fat, so further treatment is not expected once you reach your desired aesthetic goal.

At each treatment, you will receive multiple small injections under your chin, and the injection process takes about 15 to 20 minutes. The exact number of injections will depend on the amount of fat you have under your chin and your desired profile.



## National Awarenesses

### MULTIPLE SCLEROSIS NATIONAL AWARENESS MONTH



Multiple sclerosis, or MS, is a disease of the central nervous system that can cause symptoms throughout the body ranging from difficulty walking to bladder dysfunction to changes in memory and thinking abilities. MS is believed to be an autoimmune condition, in which the immune system mistakenly attacks the myelin sheath that normally protects nerve fibers in the brain, spinal cord, and optic nerve. As the myelin sheath is gradually destroyed, the resulting scar tissue (sclerosis) disrupts the electrical impulses between the brain and other parts of the body.

### NATIONAL BLEEDING DISORDERS AWARENESS MONTH



According to the Centers for Disease Control (CDC) and Prevention, there are 3 million people that are affected by bleeding disorders. Some bleeding disorders are inherited such as Hemophilia A & B and von Willebrand disease (VWD). The primary symptom of Hemophilia is uncontrolled spontaneous bleeding. von Willebrand disease is the most common bleeding disorder, caused by a deficient or defective blood protein.



## PREMIER REWARDS PROGRAM

Join our rewards program today it's quick and easy!  
Receive a free vitamin shot on your 5th visit.

- ★ Follow us on Instagram and Facebook
- ★ Share a story and make sure to tag us

